

PSYCHOLOGY FESTIVAL OF LEARNING

BROUGHT TO YOU BY SACAP

CAPE TOWN

TIME	ROOM 1 - COACHING (ROGERS)	ROOM 2 - COACHING (FREUD)	ROOM 3 - PSYCHOLOGY (ERIKSON)	ROOM 4 - PSYCHOLOGY (FRANKL)
09:00 - 10:00	Althea Banda-Hansmann & Trisha Lord - In the Journey of Race and Racism: What is White Work and What is Black Work?	Nina Mensing – How to effectively co-parent during and after a divorce/separation	Claire Voges – Animal-Assisted Therapy (AAT) : An Overview with a specific focus on Canine-Assisted Therapy	Aron Gersh – Falling for Love: The illusions of romantic love
10:20 - 11:20	Abby Malan – How our Everyday, Ordinary and Extraordinary Lives are Opportunities for Practice and Development	Burgert Kirsten – Grow your presence, playfulness and intuition	Sorrel Pitcher - Creating Space: Centering Voices: A Photovoice Project with South African Transgender Youth	Nidhi Chaitow – Transitions to Eldership – Making Meaning from Just Being
11:40 - 12:40	George Swingler – Recovering Racists in a Thinking Environment? Early postcards from a journey	Mervyn Malamed – Mediation: Helping people to collaboratively explore creative ways of settling disputes before positions become entrenched & costly escalation starts	Gordon Isaacs – Sexuality, stigma & HIV – The South African response to the epidemic	Julia Sharkey - Addiction & Denial
12:40 - 13:20	LUNCH			
13:20 - 14:20	Graham Williams – Conversations that Count	Svea van den Hoorn – Responding to Mental Health Issues in Coaching Practice: Run a mile? Consult a colleague? Press on regardless?	Gayle Bowey – Social Media's Grip on Fitness Culture	Marlo Martin – Using Psychology to Maximise Your Impact & Build Your Personal Brand
14:40 - 15:40	Alex van Oostveen -TA as a Leadership Language for Africa	Werner Carstens – Life Coaching in the Corporate Environment	Dr Katherine Train – Igniting the Will for Change	Stanley Henkeman – Model for Social Change
16:00 - 17:00	Sascha Forster – The Art and Science of Self-Awareness: Using Insights Discovery (Personality) to Make a Positive Difference	Jutta Lenz – Awaken Yourself – How health and life coaching can help to lead people through their transformation	Leigh Joy Mansel-Pleydell – Co-dependency as a coping mechanism from a traumatic past	Kerry van Zyl & Melanie Godfrey - You Can't Pour from an empty cup: understanding burnout

Date: 25th (Evening Short Talk Programme) & 26th May 2017 (Full-Day Programme)
Venue: SACAP Campus, 1st Floor, Sunclare Building, 21 Dreyer Street, Claremont, Cape Town

www.sacap.edu.za/psychology-festival/

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JOHANNESBURG

TIME	ROOM 1 – COACHING (ANNA FREUD)	ROOM 2 – COACHING/PSYCHOLOGY (MARY AINSWORTH)	ROOM 3 – PSYCHOLOGY (KAREN HORNEY)
09:00 – 10:00	Matt Shelley – Coaching and Professionalism in a Post-Truth World	Bianca Olivia Jeanne Cassell - Well-being of a transsexual: The power of loss in connection and transformation	Sam Tsima – Applying the LEKGOTLA Learning & Development Methodology in Team Coaching
10:20 – 11:20	Paul Quinsee - Are we really addressing the elephants in the room?	Deborah Hung - The Transformative Power of Vulnerability	Cheryl Wright - Stories of hope: Narrative landscapes fostering hopeful pathways to a preferred identity with vulnerable youth in South Africa
11:40 – 12:40	Andre Retief - Creating positive change	Steve Banhegyi – Allegorical storytelling for change and social transformation – using African Dilemma Tales	Frederica Micoli – Psychosocial perspectives of the refugee experience: an interdisciplinary model of intervention
12:40 – 13:20	LUNCH		
13:20 – 14:20	Zamo Mbele – Don't touch my hair! The colour complex of race in psychotherapies	Natalee Holmes – Finding Balance	Karmilla Pillay Siokos - Survivor, Slut, Activist
14:40 – 15:40	Bonini Kusano - My six inherent superpowers that helped me to become more resilient – you have them too!	Anita Moerman van Blankenburg – Journey with a school	Elizabeth Steenkamp & Omar Shaheda – Children's perceptions of the risks faced at school.
16:00 – 17:00	Thabiso Mailula - Is helping people your purpose? My journey towards discovering my purpose.	Tintswalo Mashele - The Forbidden Fruit	Shaheda Omar - Court Preparation not a one-man-show, but a multidisciplinary approach

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CAPE TOWN – SHORT TALK PROGRAMME

TIME	ROOM (ADLER)
17:00 – 17:50	Networking
17:50 – 18:00	Welcome – Karolyne Wiliams – SACAP Head of Coaching
18:00 – 18:15	Graham Williams - Conversations that Count
18:15 – 18:30	Angela Hough-Maxwell - Group Therapy: Exploring the dialogue between inner and outer
18:30 – 18:45	Mandy de Noon-Stevens – As a Counsellor – can we make a difference?
18:45 – 19:00	Marlene Nunes – Engaging South African’s from all walks of life
19:00 – 19:15	BREAK
19:15 – 19:30	Nicky Bush – Stories of hope in our South African Education System
19:30 – 19:45	Salma Ismail – Social Movements and NGOs
19:45 – 20:00	Robert Delgado - Back to the Brain
20:00 – 20:15	Kentse Radebe - Democratising Access: Language and Mental Health in South Africa

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JOHANNESBURG – SHORT TALK PROGRAMME

TIME	ROOM (ANNA FREUD)
17:00 - 17:50	Networking
17:50 - 18:00	Welcome – Dr Diana de Sousa – SACAP Head of Teaching & Learning
18:00 - 18:15	Steve Banhegyi - Conversations that Count
18:15 - 18:30	Mirah Wils -Negotiating resilience in a hostile environment
18:30 - 18:45	Tertia Smit -Authentic Leadership
18:45 - 19:00	Diana de Sousa - IQ Dethroned: The Age of Working Memory
19:00 - 19:15	BREAK
19:15 - 19:30	Chitupa Mung'omba - Human Capital Energy
19:30 - 19:45	Karen Miedzinski - Somatic coaching: the role of somatic awareness and practices in choosing to respond rather than react
19:45 - 20:00	Keneilwe Mahuma - Let's wake up and work together
20:00 - 20:15	Gusha Ngantweni - School your mind: coaching and mentoring adults to unleash the power of education and training

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