



YOU HAVE THE **POWER** TO CREATE CHANGE

Study Applied Psychology

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SACAP

The South African College of
Applied Psychology



Psychology Counselling Coaching



COURSES AT A GLANCE

HIGHER CERTIFICATE IN COUNSELLING & COMMUNICATION SKILLS

SACAP's Higher Certificate is an excellent point of entry into the field of psychology, human behaviour and mental health. It's a short, one-year, vocational qualification that has been specifically designed to equip you with introductory knowledge and basic counselling and communication skills. Not only does the Higher Certificate offer "work ready" practical training, it's also a springboard into higher education in this exciting field.

IDEAL FOR THOSE WANTING TO:

- Pursue an interest in psychology and communication
- Enhance effectiveness in an existing career role
- Gain a solid grounding in psychology and communication before making a longer term study commitment
- Gain an entry into higher education
- Acquire valuable knowledge and skills whilst still deciding on a future career or study pathway

AVAILABILITY

On Campus -Johannesburg, Pretoria, Cape Town and Online

DURATION

1 year full-time, 2 years part-time

MODULES AND CREDITS

10 modules (at least 120 credits)

ACCREDITATION

NQF 5, CHE

DIPLOMA IN COUNSELLING & COMMUNICATION

SACAP's Diploma is a well-rounded offering that balances knowledge with practical skills and experience. It's a comprehensive, two-year, vocational qualification that develops insight in psychology, human behaviour and mental health. This is integrated with "work ready" counselling and communication skills for application in a variety of environments. The Diploma is also structured in such a way that you can develop deeper learnings in specific counselling areas of your choice.

IDEAL FOR THOSE:

- Wanting a comprehensive blend of knowledge and skills to pursue a career in mental health with general and specific applications
- Not wanting to commit to the stringencies and longer timeframe of a degree

AVAILABILITY

On Campus -Johannesburg and Cape Town

DURATION

2 years full-time, 3 years part-time

MODULES AND CREDITS

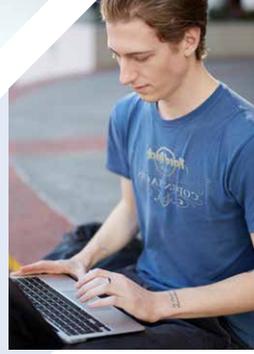
19 modules (at least 240 credits)

WORK INTEGRATED LEARNING

200 hours including supervision

ACCREDITATION

NQF 6, CHE



BACHELOR OF APPLIED SOCIAL SCIENCE (BAPPSOCSCI) DEGREE

SACAP's BAppSocSci degree is a comprehensive, three year, undergraduate qualification that develops a robust theoretical and methodological understanding of the discipline of psychology embedded within the social sciences. It has been specifically designed to build critical thinking and a depth of understanding of the individual within a social context and positions you well for admission into an Honours degree or postgraduate studies in psychology, the social sciences or related fields. What's more, the BAppSocSci incorporates essential "work ready" counselling and communication skills.

IDEAL FOR THOSE:

- Wanting a comprehensive undergrad degree in psychology embedded in the social sciences
- Wanting to integrate knowledge with applied skills to pursue a career in mental health
- With articulation ambitions into Honours (and Masters) e.g. to become a psychologist
- Graduates of the HC or Diploma wanting to study further towards a degree qualification

AVAILABILITY

On Campus - Johannesburg, Pretoria, Cape Town and Online

DURATION

3 years full-time, 5 years part-time

MODULES AND CREDITS

28 modules (at least 360 credits)

WORK INTEGRATED LEARNING

200 hours including supervision

ACCREDITATION

NQF 7, CHE

BACHELOR OF PSYCHOLOGY (BPsych) DEGREE

SACAP's BPsych degree is a professional qualification that leads to registration with the Health Professions Council of South Africa (HPCSA) as a Registered Counsellor.

The BPsych degree empowers you with knowledge and essential "work ready" counselling and communication skills to provide short-term supportive counselling, psycho-education and psychological assessment for the purpose of protecting and promoting psychological wellbeing with individuals and families in diverse community settings. The BPsych develops a thorough grounding in the knowledge, theory and principles of the profession of psychology and builds high intellectual independence and research capacity in the methodology and techniques of psychology.

IDEAL FOR THOSE:

- Wanting a comprehensive Honours-equivalent professional degree specifically geared towards registration with a HPCSA as a Registered Counsellor
- With articulation ambitions into Masters e.g to become a psychologist

AVAILABILITY

On Campus - Johannesburg and Cape Town

DURATION

4 years, full-time only

MODULES AND CREDITS

33 modules (at least 480 credits)

PRACTICUM

960 hours including supervision

ACCREDITATION

NQF 8, CHE and HPCSA



BACHELOR OF SOCIAL SCIENCE HONOURS (PSYCHOLOGY) DEGREE

SACAP's Bachelor of Social Science Honours (Psychology) degree is a dynamic programme that offers advanced levels of academic challenge and builds intellectual independence and research capacity in the principles and methodologies of psychology at a postgraduate level of study.

This BSocSciHons (Psychology) degree has been specifically designed with SACAP's unique emphasis on deepening knowledge, critical and analytical insight and practical competencies in psychology and the social sciences.

SACAP's honours degree provides an articulation pathway into a Master's degree in psychology or a cognate field both locally and internationally, possibly with a view to a professional career as a Psychologist.

IDEAL FOR THOSE:

- Graduates of an undergrad degree in psychology wanting to progress to a postgraduate level of studies
- With articulation ambitions into Masters e.g. to become a psychologist
- Wanting to deepen knowledge, critical and analytic insight and practical competencies in psychology and the social sciences
- Wanting advanced levels of academic challenge
- Wanting to develop intellectual independence and research capacity

AVAILABILITY

On Campus - Johannesburg, Pretoria, Cape Town and Online

DURATION

1 year full-time only

MODULES AND CREDITS

7 modules (128 credits)

ACCREDITATION

NQF 8, CHE accredited

BACHELOR OF SOCIAL SCIENCE HONOURS (PSYCHOLOGY) [BPSYCH EQUIVALENT PROGRAMME]

SACAP's BPsych Equivalent Programme is an 18-month programme that incorporates an Honours degree in psychology and leads to professional registration with the Health Professions Council of South Africa (HPCSA) as a Registered Counsellor.

The programme has all academic elements of an honours degree in psychology as well as the professional training requirements necessary for Registered Counsellor status including an integrated practicum.

SACAP's unique educational philosophy and facilitated learning style ensures that you will build the core competencies needed for the work of a Registered Counsellor in South Africa.

IDEAL FOR THOSE:

- Those with an interest in social transformation and a concern for the needs of people living in South Africa
- Wanting a comprehensive Honours-equivalent professional degree specifically geared towards registration with a HPCSA as a Registered Counsellor
- With articulation ambitions into Masters e.g. to become a Psychologist

AVAILABILITY

On Campus - Johannesburg and Cape Town

DURATION

18 months, full-time only

MODULES AND CREDITS

8 modules (146 credits)

INTEGRATED PRATICUM

720 hours, including supervision

ACCREDITATION

NQF8, CHE and HPCSA Accredited

WHY STUDY WITH US

SACAP OFFERS YOU A WIDE RANGE OF QUALIFICATIONS IN THE FIELDS OF PSYCHOLOGY, COUNSELLING AND COACHING WITH A ONE-OF-A-KIND APPROACH TO LEARNING. WE BLEND PRACTICAL APPLIED SKILLS WITH ROBUST THEORY IN AN INTIMATE AND INTERACTIVE LEARNING ENVIRONMENT.

ACADEMIC RIGOUR. APPLIED SKILLS

Graduating as a confident “work ready” practitioner is of key importance to us. Which is why we combine an academically rigorous curriculum with a strong emphasis on the ability to apply knowledge through the training of relevant skills.

ACCREDITED QUALIFICATIONS. A REPUTATION FOR EXCELLENCE

SACAP’s qualifications enjoy accreditation by the Council on Higher Education (CHE) and are all registered on the National Qualifications Framework (NQF) by SAQA. What’s more, our Bachelor of Psychology degree is accredited by the Health Professions Council of South Africa (HPCSA).

SMALL CLASSES. BIG THINKING

We keep our classes deliberately small. This encourages active participation and engagement between you, your fellow students and your educators. This interactive and experiential learning is a core feature of our educational philosophy.

EXPERT TRAINING. FROM THE EXPERTS

SACAP has over 15 years’ experience as the leading provider of training in Applied Psychology. So whether you’re studying Psychology, Counselling or Coaching your educators bring a wealth of experience and knowledge to the table.

HANDS-ON EXPERIENCE. WHILE YOU STUDY

SACAP’s Work Integrated Learning offering is where your training really comes to life. Most of our qualifications include supervised practical placements that cover a diverse range of counselling environments, which you can match to your field of interest. With a network of over 100 placement sites, you’ll get invaluable practical experience under your belt - before you even graduate.

MORE STUDY OPTIONS. FEWER EXCUSES.

Our different study plans makes it easier to choose an option that bests works for you. We have three intakes per year and you can study full time or part time. You can also study on campus in Johannesburg, Pretoria or Cape Town – or Online. It’s just another way we make reaching for your dreams that bit easier.

CHOOSE YOUR ELECTIVES. DEEPEN YOUR KNOWLEDGE

Thanks to SACAP’s wide range of elective modules, you can deepen your knowledge and skills in specific application areas of interest to you. It’s a focused approach that enables you to further your career options.

DEVELOP YOUR POTENTIAL. MAKE A DIFFERENCE

Too often, those in crisis simply can’t access the help they need. SACAP’s person-centered educational philosophy creates an opportunity for you to develop the intellectual, practical and emotional skills you need to effect positive change where it is needed most.



REGISTER NOW

**Study on campus in
Cape Town, Pretoria and
Johannesburg or via
Online learning**

Cape Town Campus

1st Floor Sun Clare Building, 21 Dreyer Street, Claremont, Cape Town
Tel: 021 671 7692 info@sacap.edu.za

Pretoria Campus

1st Floor, North Block, Brookfield Office Park,
261 Middel Street, Nieuw Muckleneuk, Brooklyn, Pretoria
Tel: 012 941 8550 info@sacap.edu.za

Johannesburg Campus

1st Floor 1 Sixty Jan Smuts, 160 Jan Smuts Avenue, Rosebank, Johannesburg
Tel: 011 447 4939 info@sacap.edu.za

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CPT | PTA | JHB | ONLINE

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