



SACAP's Diploma is a well-rounded offering that balances knowledge with practical skills and experience. It's a comprehensive, two-year, vocational qualification that develops insight in psychology, human behaviour and mental health.

This is integrated with "work ready" counselling and communication skills for application in a variety of environments. The Diploma is also structured in such a way that you can develop deeper learnings in specific counselling areas of your choice.

IS THIS COURSE FOR ME?

If you say yes to any of the following points, then the Diploma could just be the perfect fit for you.

DO YOU?

- Want an accredited qualification that is nationally benchmarked and internationally comparable.
- Want a career in counselling and are looking for a

comprehensive qualification that combines knowledge with applied skills.

- Want to gain deeper knowledge and skills in specific counselling areas, such as: addiction counselling, counselling in loss, working with children, conflict management, working with adolescents, and/or human sexuality and HIV counselling.
- Want to gain practical work integrated learning experience to increase your confidence for a career in counselling.
- Want a reputable higher education qualification in counselling and communication without the stringencies and time commitment of a long-term degree programme.

DIPLOMA IN COUNSELLING AND COMMUNICATION



WHAT WILL I LEARN?

Throughout the Diploma, you'll gain knowledge and insight into:

- Psychology, human behaviour and mental health, including developmental paradigms for understanding behaviour.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.
- Ethics in psychology.

YOU WILL ALSO DEVELOP:

- Counselling and interpersonal communication skills, including, referral and management strategies, for application in the key areas of crisis and trauma, self-esteem and motivation, and family and relationships work.
- Knowledge and skills in specific counselling areas through your choice of elective models, such as: addiction counselling, counselling in loss, working with children, working with adolescents, conflict management, and/or human sexuality and HIV counselling.
- Practical work integrated learning experience.
- Basic research and study skills so that you can develop your academic writing skills.

WHAT CAN I DO WITH THIS QUALIFICATION?

You will be able to work as a SACAP Counsellor¹. This means that, working with supervision, you can:

- Apply effective communication and competency-based counselling approaches finding strengths and resilience to facilitate mental health and wellness.
- Provide short-term supportive counselling (excluding psychotherapy) in a range of counselling environments with diverse individuals and groups.
- Identify (but not diagnose or treat) possible mental health disorders and refer clients to the appropriate professionals.

1: SACAP have developed a recommended scope of practice for each of our qualifications according to SACAP's Competency-Based Framework©

WHAT FURTHER STUDY PATHWAYS ARE OPEN TO ME?

Once you have successfully finished the Diploma you'll be eligible for admission into SACAP's Bachelor of Applied Social Science (BAppSocSci) undergraduate degree with credit transfer for the same modules already completed².

2: Subject to SACAP's credit transfer and RPL policy

AT A GLANCE

AVAILABILITY

On campus (Johannesburg, Cape Town)

DURATION

2 years, full-time

3 years, part-time

MODULES AND CREDITS

19 modules (At least 240 credits)

NQF6: CHE ACCREDITED

WORK INTEGRATED LEARNING

200 hours, including supervision

ADMISSION REQUIREMENTS

A National Senior Certificate (Diploma Pass) with a minimum of 45% in English coupled with an achievement rating of 3 or better in 4 designated subjects (including Life Orientation), or equivalent qualification.

OR

South African Senior Certificate (pre-2008): An overall grade of D (or 50%) with English passed at Standard Grade (or better), or equivalent qualification.

OR

Mature students 23 years of age and older who do not meet the above requirements should provide a portfolio of evidence to support admission on the basis of SACAP's Recognition of Prior Learning (RPL) policy.