



SACAP's online BAppSocSci degree is a comprehensive, three-year, undergraduate qualification that develops a robust theoretical and methodological understanding of the discipline of psychology embedded within the social sciences.

This course has been specifically designed to build critical thinking and a depth of understanding of the individual within a social context and positions you well for admission into an Honours degree or postgraduate studies in psychology, the social sciences or related fields. What's more, the BAppSocSci incorporates essential "work ready" counselling and communication skills and equips you to network, collaborate and interact in a digital age.

IS THIS ONLINE COURSE FOR ME?

If you say yes to any of the following points, then SACAP's online BAppSocSci could just be the perfect fit for you.

DO YOU?

- Want a NQF accredited qualification that is nationally benchmarked and internationally comparable.
- Have an interest in psychology, mental health and people in a social context as well as the practice of mental health online.
- Want a comprehensive undergraduate degree qualification in psychology that is embedded in the social sciences.
- Want a qualification that will give you both comprehensive theoretical and methodological understandings plus

- integrated counselling and interpersonal communication skills that you can use when working with individuals, groups and communities.
- Want to gain practical work integrated learning experience, under supervision, as part of your studies, to boost your expertise and confidence.
- Want a qualification that will provide multiple academic pathways for an Honours degree or Postgraduate studies in psychology, the social sciences or related fields.
- Want the flexibility of time and pace that online learning offers so that you can balance your studies with family, work and other commitments.
- Want a supportive, interactive and engaging online learning experience.

WHAT WILL I LEARN?


Throughout the online BAppSocSci degree you'll develop critical thinking skills and gain a depth of understanding into:

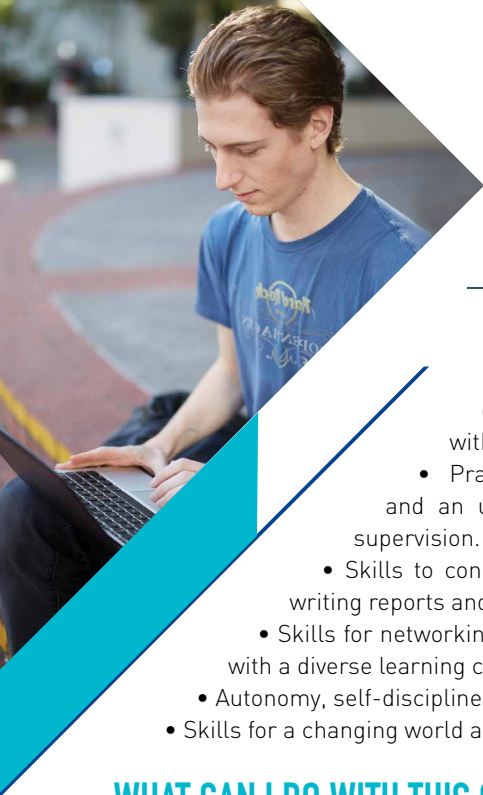
- Psychology, mental health and people in a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.
- Ethics in psychology.

YOU WILL ALSO DEVELOP:

- Counselling and interpersonal communication skills, including referral and management strategies.
- Skills to design, implement, monitor and evaluate psycho-educational programmes with a focus on training individuals,

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families and communities to develop strong, collaborative and supportive partnerships within community contexts.

- Practical work integrated learning experience and an understanding of counselling, mentoring and supervision.
- Skills to conduct research according to ethical guidelines, writing reports and managing records.
- Skills for networking, collaborating and interacting in a digital age with a diverse learning community.
- Autonomy, self-discipline and academic independence.
- Skills for a changing world and transforming technology.

WHAT CAN I DO WITH THIS QUALIFICATION?

You will be able to work as a SACAP Counsellor¹. This means that, working together with interdisciplinary support teams, you can:

- Provide short term counselling support and guidance (excluding psychotherapy), in the key areas of crisis and trauma, conflict management and family work and relationships with the aim of promoting mental health and wellness.
- Identify (but not diagnose and treat) possible mental health problems and refer clients to the appropriate professionals.
- Apply competency-based counselling approaches - finding strengths and resilience to facilitate mental health and wellness.
- Practice effective interpersonal communication skills in a range of environments with diverse individuals and groups for the purpose of empowerment and promotion of mental health.
- Participate in the design, implementation, monitoring and evaluation of programmes with a focus on empowerment in community contexts.

1: SACAP have developed a recommended scope of practice for each of our qualifications according to SACAP's Competency-Based Framework©

WHAT FURTHER STUDY PATHWAYS ARE OPEN TO ME?

Once you have successfully finished the BAppSocSci, you'll be eligible for admission into an Honours degree or postgraduate studies in psychology, the social sciences or related fields both locally and internationally.

WHY STUDY ONLINE?

- You can get a higher education no matter where in the world you live.
- It's flexible, so you can balance your family, work and other commitments.
- Your time is your own, no need to attend classes.
- You're in control of where you'd like to study and what time of day works best for you.
- SACAP's online learning programme is interactive and engaging. The Module Facilitator will guide you through the journey right from start to end.
- You're never alone. The programme is designed to build a sense of community by fostering collaboration and participation between the Facilitator and fellow students.
- SACAP's online offerings incorporate practical skills, a distinctive feature of a SACAP education.
- You get full support from SACAP's Student Support Service.

For more information about studying with SACAP online,
visit: www.sacap.edu.za

AT A GLANCE

DURATION

3 years, full-time
5 years, part-time

MODULES AND CREDITS

28 modules (At least 360 credits)

NQF 7; CHE ACCREDITED

WORK INTEGRATED LEARNING

200 hours, including supervision

ADMISSION REQUIREMENTS

A National Senior Certificate (Bachelors Pass) with a minimum of 45% in English, or equivalent qualification.

OR

A Senior Certificate (with Endorsement) with a minimum of a Standard Grade pass in English, or equivalent qualification.

OR

An NQF Level 5 Certificate, or equivalent qualification.

OR

Mature students 23 years of age and older who do not meet the above requirements should provide a portfolio of evidence equivalent to NQF Level 5 training in an appropriate field of study to support admission on the basis of SACAP's Recognition of Prior Learning (RPL) policy.

Registration from the South African Qualifications Authority (SAQA) at NQF level 7. Accreditation by the Council on Higher Education (CHE). Registered with the Department of Higher Education and Training as a Private Higher Education Institution under the Higher Education Act, 1997. Registration Certificate Number: 2005/HE07/001. Company Registration number: 2003/019020/07

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