



SACAP's online Higher Certificate is an excellent point of entry into the field of psychology, human behaviour and mental health.

It's a short, one-year, vocational qualification that has been specifically designed to equip you with introductory knowledge and basic counselling and communication skills. Not only does the Higher Certificate offer "work ready" practical training, it's also a springboard into higher education in this exciting field.

### IS THIS ONLINE COURSE FOR ME?

If you say yes to any of the following points, then SACAP's online Higher Certificate could just be the perfect fit for you.

#### DO YOU?

- Want an accredited qualification that is nationally benchmarked and internationally comparable.
- Have an interest in psychology, understanding human behaviour and mental health.
- Already work in a counselling setting but lack formal training.
- Work in a related field (e.g. human resources) and want to broaden your understanding of psychology, human behaviour and mental health as well as develop basic counselling and communication skills.

- Think this is the field you're interested in and want a short introductory qualification to get you started.
- Want the flexibility of time and pace that online learning offers so that you can balance your studies with family, work and other commitments.
- Want a supportive, interactive and engaging online learning experience.

#### WHAT WILL I LEARN?

Throughout the online Higher Certificate, you'll get an introductory understanding of:

- Psychology, human behaviour and mental health.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.

## ONLINE HIGHER CERTIFICATE IN COUNSELLING AND COMMUNICATION SKILLS

## YOU WILL ALSO DEVELOP:

- Basic counselling and interpersonal communication skills including referral strategies.
- Basic research and study skills.
- Skills for networking, collaborating and interacting in a digital age with a diverse learning community.
- Autonomy, self-discipline and academic independence.

## WHAT CAN I DO WITH THIS QUALIFICATION?

You will be able to work as a Support Worker<sup>1</sup>. This means that, working under direct supervision, you'll be able to provide basic support and guidance to clients as well as identify any clients who may need more specialised help and refer them to the relevant professionals. If you already work in a related field such as human resources, teaching, career counselling or correctional services, the qualification will allow you to broaden and deepen your counselling

1: SACAP have developed a recommended scope of practice for each of our qualifications according to SACAP's Competency-Based Framework ©

## WHAT FURTHER STUDY PATHWAYS ARE OPEN TO ME?

Once you have successfully finished the Higher Certificate, you'll be eligible for admission into:

- SACAP's Bachelor of Applied Social Science (BAppSocSci) undergraduate degree with credit transfer for the same modules already completed<sup>2</sup>.

2: subject to SACAP's credit transfer and RPL policy

## WHY STUDY ONLINE?

- You can get a higher education no matter where in the world you live.
- It's flexible, so you can balance your family, work and other commitments.
- Your time is your own, no need to attend classes.
- You're in control of where you'd like to study and what time of day works best for you.
- SACAP's online learning programme is interactive and engaging. The Module Facilitator will guide you through the journey right from start to end.
- You're never alone. The programme is designed to build a sense of community by fostering collaboration and participation between the Facilitator and fellow students.
- SACAP's online offerings incorporate practical skills, a distinctive feature of a SACAP education.
- You get full support from SACAP's Student Support Service.

For more information about studying with SACAP online,  
visit: [www.sacap.edu.za](http://www.sacap.edu.za)

## AT A GLANCE

### DURATION

1 year, full-time  
2 years, part-time

### MODULES AND CREDITS

10 modules (At least 120 credits)

### NQF 5; CHE ACCREDITED

## ADMISSION REQUIREMENTS

A National Senior Certificate (Higher Certificate Pass) with a minimum of 45% in English, or equivalent.

OR

A Senior Certificate with higher and/or standard grade subjects or an equivalent school leaving certificate.

OR

For mature students (24+) not meeting the above requirements, a portfolio of evidence to support admission on the basis of SACAP's Recognition of Prior Learning (RPL) policy.