This five-month programme will introduce you to fundamental coaching competencies and build your understanding of psychological principles and how to apply them within the scope of practice as a coach.

In addition to being trained in the coaching competencies set by the International Coach Federation (ICF), you will get personalised feedback and mentoring from ICF credentialed mentor coaches, which contributes towards your professional development as a coach.

The Coach Practitioner programme is the first of our two non-credit bearing short learning programmes, which together cover the same content and practical applications as the first year of our Postgraduate Diploma in Coaching.
A good entry point for working professionals with a view to becoming a professional coach practitioner or internal coach within their existing organisation

BENEFITS AT A GLANCE
This programme is a good choice if you:

- Want to explore what coaching is.
- Want to increase your leadership impact and deepen the engagement of your team members within your position as an HR professional, team leader or manager.
- Want to work as a coach practitioner in helping others reach their potential, through actualising their desired goals.
- Want to study towards credentialing as an internationally accredited coach.
- Have a natural curiosity about how psychology can be applied in effective coaching.
- Have an optimistic outlook and are able to identify positives and possibilities.
- Consider yourself to be a self-directed learner who is courageous and willing to engage in self-exploration.
- Want to reflect on your own personal and professional development.
- Want to study part-time while working full-time.

LEARN MORE
Contact an admissions officer on admissions@sacap.edu.za, call 0860 77 11 11 or visit www.sacap.edu.za

Course Details

STUDY OPTIONS:
On campus (Cape Town, Durban & Johannesburg)

DURATION:
5 months plus mentor coaching

MODULES:
1 Evening Module (10 weeks)
2 Intensive Modules (4 consecutive days each)

ACCREDITATION:
Accredited by the International Coach Federation (ICF) as an Approved Coach-Specific Training Hours (ACSTH) Programme of 126 hours. The programme is also a recognised accredited (SAQA) training provider with COMENSA

PRACTICUM:
2 Observed Sessions with customised feedback from an ICF credentialed coach
3 hours of Individual Mentor Coaching with ICF credentialed coaches
7 hours of Group Mentor Coaching with ICF credentialed coaches

FACULTY:
Management & Leadership

Admission Requirements:

- A minimum of 3 years’ relevant work experience.
- Acceptance into the Coach Practitioner Programme is subject to a selection process.