

# ADVANCED COACH PRACTITIONER PROGRAMME

- Deepen your existing coaching competencies.
- Study part-time while working full-time.
- Become an internationally accredited professional coach practitioner.

This six-month programme covers various models of change and adult learning principles, enabling you to become a conscious, competent and confident professional coach.

The programme has a robust theoretical framework and a strong practical component, including a coaching competency performance exam and customised feedback about your demonstrated coaching skills and mentor coaching from the International Coaching Federation (ICF) credentialed mentor coaches.

The Advanced Coach Practitioner Programme is the second of our two non-credit bearing short learning programmes that, when combined, cover the same content and practical applications as the first year of our Postgraduate Diploma in Coaching.

CPT | DUR | JHB | PTA | ONLINE

[www.sacap.edu.za](http://www.sacap.edu.za) [admissions@sacap.edu.za](mailto:admissions@sacap.edu.za) 0860 77 11 11



Build on your  
Coach Practitioner  
Programme and learn how to  
journey with clients in multiple  
contexts, such as Personal Coaching  
and Executive Coaching

## BENEFITS AT A GLANCE

This programme is a good choice if you:

- Want to explore a variety of coaching approaches and models to deepen your professional coaching competencies
- Want to learn how to facilitate learning, motivation and change in coaching conversations.
- Gain an integrated understanding of adult learning and change.
- Want an in-depth exploration of ethical practice in coaching.
- Want exposure to a range of coaching models as well as an introduction to group and team coaching.
- Seek credentialing as an International Coaching Federation (ICF) Professional Certified Coach as well as the Coaches and Mentors of South Africa (COMENSA)

## LEARN MORE

Contact an admissions officer on [admissions@sacap.edu.za](mailto:admissions@sacap.edu.za), call 0860 77 11 11 or visit [www.sacap.edu.za](http://www.sacap.edu.za)



## Course Details



STUDY OPTIONS:

**On campus (Cape Town & Johannesburg)**

Coaching students benefit from the best of both worlds. Evening classes are held via Online Live and the 4-day Intensives are held in-person at the campus at which the student registered (i.e. Cape Town or Johannesburg campus).



DURATION:

**6 months**



MODULES:

**1 Evening Module (10 weeks)**

**2 Intensive Modules (4 consecutive days each)**



ACCREDITATION:

**Together with the Coach Practitioner Programme, accredited by International Coaching Federation (ICF) as an Accredited Coach Training Programme (ACTP) of 193 hours.**

**Endorsed by COMENSA (Registered Professional Body SAQA ID: 601)**



PRACTICUM:

**4 Observed Sessions with customised feedback from an ICF credentialed coach**



FACULTY:

**Management & Leadership**

## Admission Requirements:

- A minimum of 3 years' relevant work experience.
- Completion of SACAP's Coach Practitioner Programme.



/SACollegeofAppliedPsychology



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**SACAP**  
The South African  
College of Applied Psychology

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