

DIPLOMA IN COUNSELLING AND COMMUNICATION SKILLS

Full-time Study Plan

YEAR 1	Term 1	Academic Literacy
		Introduction to Psychology A
		Counselling Modalities 1
	Term 2	Introduction to Psychology B
		Counselling Modalities 2
		Interpersonal Communication Skills
	Term 3	Fundamentals of a Helping Relationship
		Community and Culture
		Developmental Psychology A
YEAR 2	Term 1	Developmental Psychology B
		Counselling Skills and Process Development
		Ethics in Counselling
	Term 2	Facilitation Skills
		Crisis and Trauma Counselling
		Creative Arts in Psychology
		Work Integrated Learning (Part 1 – Preparatory Workshops)
		Digital and Telehealth Services
	Term 3	Counselling Elective Module Choice
		Work Integrated Learning (Part 2 - Placement)

Counselling elective modules include:

Addiction Counselling
Counselling in Loss
Gender, Sexuality and HIV Counselling
Working with Children and Adolescents
Sports Psychology
Family Work and Relationships

Please note:

- Actual sequence of modules may vary depending on timetable, and where applicable, is subject to the successful completion of all the pre-requisite modules.
- SACAP reserves the right to make module changes to any programme as deemed necessary. Students will be given adequate notice of any impending changes.
- Elective modules are offered on a rotational basis and will not be available each term.



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