

DIPLOMA IN COUNSELLING AND COMMUNICATION SKILLS

Part-time Study Plan

YEAR 1	Term 1	Academic Literacy
		Introduction to Psychology A
	Term 2	Counselling Modalities 1
		Introduction to Psychology B
	Term 3	Counselling Modalities 2
		Interpersonal Communication Skills
YEAR 2	Term 1	Fundamentals of a Helping Relationship
		Community and Culture
	Term 2	Developmental Psychology A
		Facilitation Skills
	Term 3	Developmental Psychology B
		Ethics in Counselling
YEAR 3	Term 1	Counselling Skills and Process Development
		Crisis and Trauma Counselling
	Term 2	Creative Arts in Psychology
		Work Integrated Learning (Part 1)
		Digital and Telehealth Services
	Term 3	<i>Counselling Elective Module</i>
		Work Integrated Learning (Part 2)

Counselling elective modules include:

Addiction Counselling
Counselling in Loss
Gender, Sexuality and HIV Counselling
Working with Children and Adolescents
Sports Psychology
Family Work and Relationships

Please note:

- Actual sequence of modules may vary depending on timetable, and where applicable, is subject to the successful completion of all the pre-requisite modules.
- SACAP reserves the right to make module changes to any programme as deemed necessary. Students will be given adequate notice of any impending changes.
- Elective modules are offered on a rotational basis and will not be available each term.