

# ADVANCED COACH PRACTITIONER PROGRAMME

- Deepen your existing coaching competencies.
- Study part-time while working full-time.
- Become an internationally credentialed professional coach practitioner.

This six-month short learning programme covers various models of change and adult learning principles, enabling you to become a conscious, competent and confident professional coach. The programme has a robust theoretical framework and a strong practical component, including a coaching competency performance exam, customised feedback about your demonstrated coaching skills and mentor coaching from International Coaching Federation (ICF) credentialed mentor coaches. The Advanced Coach Practitioner Programme is the second of our two non-credit-bearing short learning programmes which, when combined, cover the same content and practical applications as the first year of our Postgraduate Diploma in Coaching.

CPT | DUR | JHB | PTA | ONLINE

[www.sacap.edu.za](http://www.sacap.edu.za) 0860 77 11 11



Build on your Coach Practitioner Programme and learn how to journey with clients in multiple contexts, such as personal coaching and executive coaching.

## BENEFITS AT A GLANCE

This programme is a good choice if you:

- Want to explore a variety of coaching approaches and models to deepen your professional coaching competencies.
- Want to learn how to facilitate learning, motivation and change in coaching conversations.
- Want to gain an integrated understanding of adult learning and change.
- Want an in-depth exploration of ethical practice in coaching.
- Want exposure to a range of coaching models as well as an introduction to group and team coaching.
- Seek credentialing as an International Coaching Federation (ICF) Professional Certified Coach as well as with the Coaches and Mentors of South Africa (COMENSA).

## LEARN MORE

Get in touch with an admissions officer by calling 0860 77 11 11 or visiting our website at [www.sacapedu.za](http://www.sacapedu.za)





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## Course Details


-  Coaching students benefit from the best of both worlds. Evening classes are held online and the four-day intensives are held face-to-face at the campus at which the student is registered (i.e. Cape Town or Johannesburg).

 DURATION:  
6 months

 MODULES:  
1 evening module (10 weeks)  
2 intensive modules (4 consecutive days each)

 PROFESSIONAL ENDORSEMENT:  
Together with the Coach Practitioner Programme, accredited by the International Coaching Federation (ICF) as an Accredited Level 2 Programme of 193 hours COMENSA Approved Silver Training Provider Programme

 PRACTICUM:  
4 observed sessions with customised feedback from an ICF credentialed coach

 FACULTY:  
Management & Leadership

## Admission Requirements:

- A minimum of 3 years' relevant work experience
- Completion of SACAP's Coach Practitioner programme

**SACAP**  
The South African  
College of Applied Psychology