
STUDY AT SACAP

Accredited and registered qualifications
Small classes / Practical experience
Graduate with an adaptive future-proof mind



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SACAP
The South African
College of Applied Psychology

REGISTER NOW



Study on campus in Cape Town, Durban, Johannesburg and Pretoria or Online

Scan for more course information



Cape Town Campus

1st Floor, Sunclare Building,
21 Dreyer Street, Claremont, Cape Town

Durban Campus

5th Floor, 199-203 Peter Mokaba
Road, Morningside, Durban

Johannesburg Campus

22 Westbrooke Drive, Strathavon,
Sandton, Johannesburg

Pretoria Campus

34 Ingersol Rd,
Lynwood Ridge, Pretoria

Online Campus

5th Floor, Sunclare Building,
21 Dreyer Street, Claremont, Cape Town

Tel: 0860 77 1111

COURSE INDEX

Higher Certificate
in Counselling and
Communication Skills

Higher Certificate in
Business Management

Higher Certificate in Human
Resource Management

Diploma in Counselling and
Communication Skills

Bachelor of Applied Social
Science (Majoring in
Psychology and Counselling)

Bachelor of Applied Social
Science (Majoring In
Psychology And Criminology)

Bachelor of Applied Social
Science (Majoring in
Psychology and Business
Management)

Bachelor of Applied Social
Science (Majoring in
Psychology and Human
Resource Management)

Postgraduate Certificate in
Education in Senior Phase
and Further Education
and Training Teaching
(Specialising In English And
Life Orientation)

Bachelor of Psychology

Bachelor of Social Work

Bachelor of Social Science
Honours in Psychology

Bachelor of Social Science
Honours in Business
Management

Bachelor of Social Science
Honours in Psychology
[BPsych Equivalent
Programme]

Bachelor of Social Sciences
Honours in Human Resource
Management

Master of Social Science in
Community Mental Health
Promotion



WHY STUDY WITH US

SACAP offers a range of accredited and registered qualifications in Applied Psychology, Management & Leadership and Social Work & Community Development. Our one-of-a-kind approach to learning, small classes, a blend of practical applied skills and robust theory – in addition to a team of experienced and inspired educators – means you will be supported every step of the way.

ACADEMIC RIGOUR. APPLIED SKILLS

Graduating with practical experience under the belt is of key importance. This is why we combine an academically rigorous curriculum with a strong emphasis on the ability to apply knowledge through the training of relevant skills.

ACCREDITED AND REGISTERED QUALIFICATIONS. A REPUTATION FOR EXCELLENCE

SACAP's qualifications enjoy accreditation by the Council on Higher Education (CHE) and are all registered on the National Qualifications Framework (NQF) by the South African Qualifications Authority (SAQA). What's more, SACAP offers a number of qualifications and programmes that have been approved by registered professional bodies. Accredited by the British Accreditation Council.

SMALL CLASSES. BIG THINKING

We keep our classes deliberately small. This encourages active participation and engagement between you, your fellow students and your educators. This interactive and experiential learning is a core feature of our educational philosophy.

EXPERT TRAINING. FROM THE EXPERTS

SACAP has over 25 years of experience as the leading provider of training in Applied Psychology. So, whether you're studying the theory of Psychology or practical Business Management skills, your educators bring a wealth of experience and knowledge to the table.

HANDS-ON EXPERIENCE. WHILE YOU STUDY

SACAP offers numerous qualifications and programmes that include Work Integrated Learning, which is where your practical training comes to life. Many of our qualifications include supervised practical placements that cover a diverse range of counselling and community engagement environments. In short, Work Integrated Learning is a great way to gain invaluable practical experience.

MORE STUDY OPTIONS. FEWER EXCUSES

Our different study plans make it easier to choose an option that works best for you. Many of our qualifications are available as full-time or part-time options and we have three intakes per year (course dependent). This means you don't "lose" any time before starting your studies. We have four campuses throughout South Africa and you can study with SACAP Online.

DEVELOP YOUR POTENTIAL. MAKE A DIFFERENCE

Too often, those in crisis simply can't access the help they need. SACAP's person-centred educational philosophy creates the opportunity for you to develop the intellectual, practical and emotional skills you need to effect positive change.



SACAP IS PROFESSIONALLY APPROVED

SACAP is fully accredited by the British Accreditation Council (BAC) as an Independent Higher Education Institution. The BAC accreditation is a globally recognised hallmark of quality assurance, and achieving this accreditation demonstrates that we have met the high standards set by the BAC. This accreditation is validation of our commitment to excellence and our mission to provide our students with a world-class education that prepares them for success in their future careers. Our students can be assured that their education provider has met a gold standard. To maintain BAC accreditation SACAP needs to continue to meet BAC's standards. BAC ensures that colleges, universities and training providers provide high-quality education and a great learning experience for students.

SACAP QUALIFICATION / PROGRAMME	PROFESSIONAL BODY
DIPLOMA IN COUNSELLING AND COMMUNICATION SKILLS	Approved by the Association for Supportive Counsellors and Holistic Practitioners (ASCHP) Professional category level: Holistic Counsellor
POSTGRADUATE CERTIFICATE IN EDUCATION IN SENIOR PHASE AND FURTHER EDUCATION AND TRAINING TEACHING	Approved by the Department of Higher Education and Training (DHET) Professional category level: Initial teaching qualification for employment in education
BACHELOR OF SOCIAL WORK	Approved by the South African Council for Social Service Professions (SACSSP) Professional registration category: Social Worker
BACHELOR OF PSYCHOLOGY BACHELOR OF SOCIAL SCIENCE HONOURS IN PSYCHOLOGY [BPSYCH EQUIVALENT PROGRAMME]	Approved by the Health Professions Council of South Africa (HPCSA): Board of Psychology Professional registration category: Registered Counsellor
HIGHER CERTIFICATE IN HUMAN RESOURCE MANAGEMENT BACHELOR OF APPLIED SOCIAL SCIENCE (MAJORING IN PSYCHOLOGY AND HUMAN RESOURCE MANAGEMENT) BACHELOR OF SOCIAL SCIENCE HONOURS IN HUMAN RESOURCE MANAGEMENT	Programmes endorsed by the South African Board for People Practices (SABPP) as meeting the competency standards needed by Human Resource Management professionals in South Africa.
POSTGRADUATE DIPLOMA IN COACHING	Approved by the International Coach Federation (ICF) – Recognised as an ICF Accredited Coach Training Programme; and Coaches and Mentors of South Africa (COMENSA) – Approved as a GOLD Training Provider Programme



HIGHER CERTIFICATE IN COUNSELLING AND COMMUNICATION SKILLS

Our Higher Certificate is an entry-level vocational qualification that offers foundational knowledge in human behaviour. It is registered on the NQF and is designed to equip you with introductory knowledge of counselling, communication and academic literacy skills. It's a good place to start if you are interested in learning about, and working with, people.

COURSE DETAILS

DURATION

1 year full-time,
2 years part-time

MODULES

9

SAQA REGISTRATION

SAQA ID 84966,
NQF 5

FACULTY

Applied Psychology

IDEAL IF YOU

- Have an interest in communicating and working with people.
- Want to develop basic counselling and communication skills that can be applied in a variety of personal and work-related settings.
- Already work in a people-orientated setting and want to develop your interpersonal skills further.
- Want to develop the academic skills necessary for succeeding in higher education.

THE SKILLS YOU WILL GAIN

An introductory understanding of:

- Basic counselling and interpersonal communication skills.
- Basic academic literacy skills.
- Introduction to working with diversity.

And you'll develop:

- Basic counselling and interpersonal communication skills.
- Basic academic and study skills.

WHAT YOU CAN DO WITH THIS QUALIFICATION

You can apply your skills in the workplace and are well positioned to study further within the social sciences. You will also be eligible to apply for SACAP's Bachelor of Applied Social Science with the potential for credit transfer for a selection of modules within the first year of that programme.





HIGHER CERTIFICATE IN BUSINESS MANAGEMENT

Gain a foundational knowledge of all the functions and dynamics of a contemporary business environment. This Higher Certificate is an entry-level vocational qualification registered on the NQF and is designed to equip you with an understanding of the management field and how to practically apply your learnings in the real world.

IDEAL IF YOU

- Want to understand the foundational theories of Business Management that can be applied to the workplace.
- Are already in a job and want to earn an entry-level qualification in Business Management.
- Want to take the first step toward becoming a business manager.

THE SKILLS YOU WILL GAIN

A foundational understanding of:

- How economic, political, financial and social changes can impact a business environment.
- South Africa's unique business environment.
- How to ensure that both the individuals and the organisation function effectively.

And you'll develop:

- The ability to use foundational Business Management methodologies, theories, models and practices.
- An understanding of the impact of Organisational Behaviour in a business environment.

WHAT YOU CAN DO WITH THIS QUALIFICATION

Graduates will be well-suited for employment in a range of public- and private-sector enterprises, including a variety of NPOs, NGOs and corporate companies where support is needed for the Business Management function. Graduates will also be eligible to apply for SACAP's:

- Diploma in Counselling and Communication Skills.
- Bachelor of Applied Social Science (Majoring in: Psychology and Counselling, or Psychology and Human Resource Management, or Psychology and Business Management).

COURSE DETAILS

DURATION

1 year full-time

MODULES

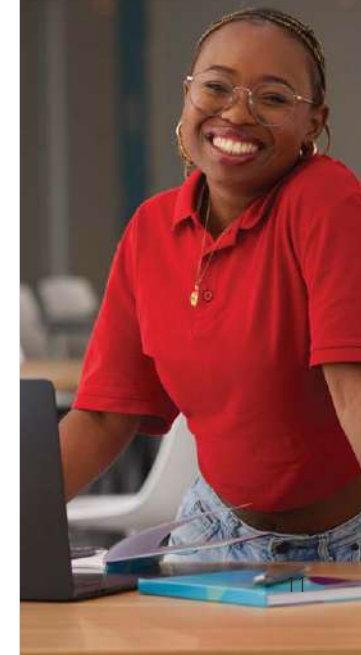
9

SAQA REGISTRATION

SAQA ID 118460,
NQF 5

FACULTY

Management &
Leadership





HIGHER CERTIFICATE IN HUMAN RESOURCE MANAGEMENT

An entry-level vocational qualification that adds the “human” back into Human Resource Management. This Higher Certificate is registered on the NQF and designed to equip you with an appreciation of the value of human capital and how to practically apply your learnings in the real world.

IDEAL IF YOU

- Want to learn more about Human Resource Management.
- Want to gain practical industry-orientated content and skills as an entry point into the workplace.
- Already have a job but want to deepen your skills and training to develop your career in Human Resource Management.

THE SKILLS YOU WILL GAIN

An entry-level understanding of:

- Foundational Human Resource methodologies, theories, models and practices.
- How to conduct various related human resource functions in the workplace.
- Diversity and effective communication in a dynamic, multi-cultural South African context.

And you'll develop:

- An understanding of the administrative processes of Human Resource Management.
- An understanding of labour relations in the field of Human Resource Management.
- The impact of Organisational Behaviour in a business environment.
- The knowledge and skills to provide administrative support to Human Resource services in the industry.

WHAT YOU CAN DO WITH THIS QUALIFICATION

Graduates will be well-suited for employment in a range of public- and private-sector enterprises including a variety of NPOs, NGOs and corporate companies where support is needed for the Human Resource function. Graduates will also be eligible to apply for SACAP's:

- Diploma in Counselling and Communication Skills.
- Bachelor of Applied Social Science (Majoring in: Psychology and Counselling, or Psychology and Human Resource Management, or Psychology and Business Management).

COURSE DETAILS

DURATION

1 year full-time

MODULES

9

SAQA REGISTRATION

SAQA ID 118461,
NQF 5

PROFESSIONAL ENDORSEMENT

Endorsed by the South African Board for People Practices (SABPP) and aligned with the SABPP HR competency framework in design

FACULTY

Management &
Leadership





DIPLOMA IN **COUNSELLING AND** **COMMUNICATION SKILLS**

SACAP's Diploma in Counselling and Communication Skills is a well-rounded offering that balances knowledge with practical skills and experience. It is a comprehensive, two-year vocational professional qualification that deepens your knowledge and insight in counselling, communication, psychology, human behaviour and community-based mental health.

IDEAL IF YOU

- Already have SACAP's Higher Certificate in Counselling and Communication Skills under your belt and want to build on your learnings.
- Want a career in counselling and are looking for a comprehensive qualification that combines knowledge with applied skills.
- Are seeking a comprehensive vocational qualification.

THE SKILLS YOU WILL GAIN

- The diploma places a strong emphasis on counselling and communication skills.
- Deepen knowledge and skills in specific areas by selecting elective modules, such as Addiction Counselling, Counselling in Loss, Working with Children and Adolescents, Sport Psychology, Family Work and Relationships, and/or Gender, Sexuality and HIV Counselling.

And you'll develop:

- Practical Work Integrated Learning experience that will increase your confidence for a career in counselling.

WHAT YOU CAN DO WITH THIS QUALIFICATION

Successful graduates can register as a Holistic Counsellor with the Association of Supportive Counsellors and Holistic Practitioners (ASCHP). They will also be eligible for admission into SACAP's Bachelor of Applied Social Science Degrees with credit transfer for the same modules already completed, provided that the admission requirements for that programme are met.

COURSE DETAILS

DURATION

2 years full-time,
3 years part-time

MODULES

18

SAQA REGISTRATION

SAQA ID 116399,
NQF 6

PROFESSIONAL ENDORSEMENT

Approved by
the Association
for Supportive
Counsellors and
Holistic Practitioners
(ASCHP)

FACULTY

Applied Psychology





BACHELOR OF APPLIED SOCIAL SCIENCE

(MAJORING IN PSYCHOLOGY AND COUNSELLING)

Considered our gold standard of Social Science qualifications, this degree is an excellent foundation that leads to different qualifications or Applied Social Science careers.

This comprehensive undergraduate degree, with dual majors in Psychology and Counselling, is designed to develop critical thinking and provide an overview of Psychology and its subfields, in addition to building an understanding of the individual within a sociocultural context.

You'll also gain an academic scholarship, and practical real-world experience in counselling-related and interpersonal communication skills.

IDEAL IF YOU

- Want an accredited qualification that is nationally benchmarked and internationally comparable.
- Have an interest in the Social Sciences, Psychology, mental health and people in the broader social context.
- Want a comprehensive undergraduate degree qualification in Psychology that's embedded in the social sciences.
- Want to develop integrated psychosocial support skills that you can use when working with individuals, groups and communities.
- Want a qualification that incorporates theory which is ethically applied to address a variety of mental health challenges and contributes to people's wellbeing.
- Want to gain practical work experience in diverse settings as part of your studies to boost your expertise and confidence.

THE SKILLS YOU WILL GAIN

Critical thinking skills and a depth of understanding into:

- Psychology, mental health and people in a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.
- Ethics when working within the broad field of Psychology.

You will also develop:

- Oral, written and interpersonal communication skills, as well as the ability to present to diverse audiences.
- Skills to design, implement, monitor and evaluate psycho-educational and other community-based programmes.
- The ability to apply knowledge and skills in real-world settings through the practical Work Integrated Learning experience.
- Critical thinking skills to conceptualise, plan, analyse and interpret data, and report on research.
- Creative and innovative problem-solving skills.

WHAT YOU CAN DO WITH THIS QUALIFICATION

You will be well-positioned for admission to an Honours degree or other postgraduate studies in Psychology, the Social Sciences and related fields.

COURSE DETAILS

DURATION

3 years full-time,
5 years part-time

MODULES

26

SAQA REGISTRATION

SAQA ID 90844,
NQF 7

WORK INTEGRATED LEARNING

200 hours including
supervision

FACULTY

Applied Psychology





BACHELOR OF APPLIED SOCIAL SCIENCE

(MAJORING IN PSYCHOLOGY AND CRIMINOLOGY)

This degree, with dual majors in psychology and criminology, is ideal for those interested in working in criminal justice, social development or mental health. It provides an understanding of human behaviour and the criminal mindset, the larger social and systemic issues that drive crime, and the social systems that respond to crime. It equips graduates to apply psychology principles and methodologies to advocate for social justice and provide support to victims of crime.

IDEAL IF YOU

- Want to learn more about the psychology of crime and how to use psychology to support its victims.
- Want to explore the fields of psychology, criminology and social justice through an Applied Psychology lens.
- Want to explore the impact of trauma, cognitive patterns and personality traits on offenders and victims.
- How to support others, advocate for victims, or promote community safety.
- Have an interest in restorative justice, trauma-informed care or offender rehabilitation.
- Are interested in developing an analytical approach to research-informed practice, data analysis, and evidence-based decision-making in social contexts.

THE SKILLS YOU WILL GAIN

Critical thinking skills and a depth of understanding into:

- Human behaviour, criminality and the social systems that respond to crime.
- Psychological domains such as developmental and social psychology, psychopathology and research methods.
- Theories of crime and deviance, the criminal justice system, women in crime, juvenile delinquency, victimology and applied criminology in forensic and correctional settings.
- How laws, policies and institutional structures influence justice outcomes and social wellbeing.

You will also develop:

- The ability to apply theories of crime, deviance and justice to address real-world challenges.
- Skills to critically assess justice system processes and propose improvements.
- The ability to assess the needs of victims and offenders within the justice system.
- Collaborative skills to work respectfully within diverse, multidisciplinary teams in community and organisational contexts.
- The ability to communicate effectively with diverse audiences using appropriate written, verbal and digital formats.

WHAT CAN I DO WITH THIS QUALIFICATION?

You will be eligible for entry-level positions in dynamic psychosocial services, community safety organisations or social justice settings that contribute to a healed community.

COURSE DETAILS

DURATION

3 years full-time,
5 years part-time

MODULES

26

SAQA REGISTRATION

SAQA ID: 90844,
NQF 7

WORK INTEGRATED LEARNING:

Project-based 2-term
module at NQF Level 7

FACULTY

Applied Psychology





BACHELOR OF APPLIED SOCIAL SCIENCE (MAJORING IN PSYCHOLOGY AND BUSINESS MANAGEMENT)

This comprehensive undergraduate degree with dual majors in Psychology and Business Management, is a powerful blend of key business and people management skills. It will equip you to understand the interrelation between the external business landscape and the psychosocial factors within organisations. This skill is particularly important given that building sustainable business expertise is complemented by sound insight into how to manage people responsibly at an individual, team and systemic level.

The degree actively fosters critical thinking skills, innovative thinking, and an entrepreneurial spirit.

IDEAL IF YOU

- Want to experience a person-centred education philosophy that refines the functional, emotional and practical skills that are essential for 21st-century business management.
 - Have an interest in the management of people and various business functions in an organisational context.

- Want a qualification that offers holistic theoretical and methodological understanding in psychology, business practices related to finance, ethics and governance, digitisation and sustainable socio-economic development.
- Want to underpin your studies in Business Management with a second major in Psychology.

THE SKILLS YOU WILL GAIN

Critical thinking skills and a depth of understanding into:

- Business management, strategic project management and operating processes.
- Solution-focused innovation and entrepreneurship in the South African business landscape.
- Digitisation, information systems and the use of information technology to optimise new business opportunities.
- Economics, accounting, business finance and business markets.
- Psychology, mental wellbeing and people in a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Business law, corporate governance, business ethics, social responsibility, and value-driven sustainability.
- Diversity and cross-cultural dynamics in the African context.

You will also develop:

- Interpersonal and teamwork skills such as communication and collaboration.
- Individual, group and team problem-solving and decision-making skills.
- Skills to draw up and implement a business plan.
- Basic practical project management and entrepreneurial experience via Work Integrated Learning.
- Skills to conceptualise, plan, analyse and apply research in a business context.
- Skills to use Excel® to translate quantitative and qualitative data into information.
- Data management and application skills needed for differing business needs.

WHAT YOU CAN DO WITH THIS QUALIFICATION

The skills you will have developed during your degree will make you an ideal candidate for employment in a management role within an organisation, as an entrepreneur, or for admission to an Honours degree or postgraduate studies in Psychology, the Social Sciences, Business Management, and/or related fields.

COURSE DETAILS

DURATION

3 years full-time,
5 years part-time

MODULES

26

SAQA REGISTRATION

SAQA ID 90844,
NQF 7

WORK INTEGRATED LEARNING

200 hours including
supervision

FACULTY

Management &
Leadership





BACHELOR OF **APPLIED SOCIAL SCIENCE** **(MAJORING IN PSYCHOLOGY AND** **HUMAN RESOURCE MANAGEMENT)**

This undergraduate degree gives you the option to specialise in Human Resource Management within an Applied Social Science framework.

This comprehensive undergraduate degree, with dual majors in Psychology and Human Resource Management, will build critical thinking skills and a depth of understanding of the individual within a social and organisational context. You will also learn how to apply this knowledge to the workplace to increase employer and employee productivity and work satisfaction.

IDEAL IF YOU

- Are interested in psychology and people, specifically in an organisational context.
- Have a desire to understand people and positively affect them in the workplace.
 - Want a qualification that will give you a comprehensive theoretical and methodological understanding of both Psychology and Human Resource Management.
 - Want to underpin your studies in Human Resource Management with a second major in Psychology.
- Want to gain practical Work Integrated Learning experience to boost your expertise and confidence in Human Resource Management.

THE SKILLS YOU WILL GAIN

An introductory understanding into:

- Psychology, mental health and people in a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Psychological challenges and models for understanding behaviour.
- The macro and micro-business environments, business ethics and processes.
- Applied Human Resource Management strategies, policies and procedures.
- The application of labour law and labour relations.
- Organisation development and individual, team and organisational change models and principles.
- Diversity and cross-cultural dynamics in the South African workplace context.

You will also develop:

- Interpersonal and group communication skills, including development and management strategies.
- Skills to design, implement, monitor and evaluate Human Resource programmes.
- Practical Human Resource Management experience via Work Integrated Learning.
- Skills to conceptualise, plan, analyse and interpret research.
- Financial literacy in understanding and applying basic financial and accounting principles in a Human Resource Management context.

WHAT CAN I DO WITH THIS QUALIFICATION?

The degree is nationally benchmarked and internationally comparable and graduates will be eligible for admission into multiple academic pathways for an Honours degree or other postgraduate studies in Psychology, the Social Sciences, Human Resources, and/ or related fields. You will also be well-positioned for employment in Human Resources within an organisation.

COURSE DETAILS

DURATION

3 years full-time,
5 years part-time

MODULES

26

SAQA REGISTRATION

SAQA ID 90844,
NQF 7

PROFESSIONAL ENDORSEMENT

HRM major endorsed
by the South
African Board for
People Practices
(SABPP) and aligned
with the SABPP
HR competency
framework in design

WORK INTEGRATED LEARNING

3 months, full-time
including mentoring

FACULTY

Management &
Leadership





POSTGRADUATE CERTIFICATE IN EDUCATION IN SENIOR PHASE AND FURTHER EDUCATION AND TRAINING TEACHING (SPECIALISING IN ENGLISH AND LIFE ORIENTATION)

- Enhance your undergraduate studies with specialised professional skills.
 - Contribute towards positively impacting SA's educational landscape.
- Become eligible for registration with the South African Council for Educators.

The PGCE provides a theoretical depth and specialisation of knowledge, together with practical skills and workplace experience, to enable graduates to apply their competencies as teachers. This professional vocational programme is recognised by the Department of Higher Education and Training (DHET) as an initial teaching qualification for employment in Education and is designed to provide focused training that builds teaching skills into the core subject specialisation area of Life Orientation.

IDEAL IF YOU

- Want to enhance your academic studies with a distinct professional programme.
- Want to apply your knowledge in the world of education and help address the severe shortage of psychosocial support in South African schools.
- Develop the necessary skills to provide learning support, psychoeducation and transformative counselling to learners.
- Want to gain essential experience through Work Integrated Learning, applying theory to professional practice within a school context.

THE SKILLS YOU WILL GAIN

- You will acquire the competencies to effectively mediate and facilitate teaching and learning practices.
- Learn how to interpret and deliver curriculums that support the principles of Life Orientation and the National Curriculum Statement, making sure they meet the needs of all learners in an inclusive environment.
- Obtain the core skills needed to ensure the delivery of high-quality education to learners from various socio-economic backgrounds.
- Gain the ability to identify, evaluate and address learning needs in a learner- and self-directed manner.

You will also develop:

- The ability to demonstrate integrated knowledge of foundations in education, including an ability to apply and evaluate the key terms, concepts, facts, principles, rules and theories of education.
- The ability to use theoretically informed ways to develop appropriate processes of information gathering for a given context and independently evaluate and manage the sources of information.
- Invaluable experience via the Work Integrated Learning component that is integrated into the programme and is formally assessed.

WHAT CAN I DO WITH THIS QUALIFICATION?

You will be eligible for registration with the South African Council for Educators (SACE) and for potential employment as a sought-after Life Orientation teacher with specialisation in guidance, counselling and specialised learner support in a range of public and private schools as well as technical, vocational and educational training colleges nationally.

COURSE DETAILS

DURATION

1 year, full-time only

MODULES

9

SAQA REGISTRATION

SAQA ID 117031,
NQF 7

PROFESSIONAL ENDORSEMENT

Recognised by the Department of Higher Education and Training (DHET) as an initial teaching qualification for employment in education.

WORK INTEGRATED LEARNING:

8 weeks full-time
(320 hours) of
supervised school-
based teaching practice

FACULTY

Applied Psychology





BACHELOR OF PSYCHOLOGY

This is a four-year full-time professional degree that includes an Honours-equivalent final year and leads to registration with the Health Professions Council of South Africa (HPCSA) as a Registered Counsellor.

The degree aims to develop the knowledge and essential practical skills to provide good-quality psychological care to people at a primary mental health care level. The focus is on ethical short-term supportive counselling, psycho-education and psychological assessment (aligned with the scope of practice for a Registered Counsellor) with the aim of developing and promoting the psychological wellbeing of individuals and families in the diverse communities of South Africa.

IDEAL IF YOU

- Have an interest in social transformation and a concern for the mental health needs of people in South Africa.
 - Want to provide accessible psychological services that address a range of psychosocial challenges in diverse community settings.
 - Want to gain practical experience as part of your studies to increase your expertise and confidence for a career as a Registered Counsellor.
 - Want the depth and breadth of an Honours-equivalent professional degree with a strong applied learning component.
 - Want a qualification that will give you multiple academic pathways to professional Master's studies in clinical, counselling, educational or research psychology, the social sciences or other related fields such as psychometry.

THE SKILLS YOU WILL GAIN

An introductory understanding of:

- Psychology, mental health and people within a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.
- How to conduct and report on psychometric assessments.
- To implement the values and principles of ethics in Psychology in real-world contexts.

You will also develop:

- Counselling and interpersonal communication skills, including referral and management strategies in accordance with the good foundations for professional practice and conduct in line with HPCSA guidelines.
- Essential skills to protect and promote psychological wellbeing and the enhancement of personal functioning.
- Skills to design, implement, monitor and evaluate programmes with a focus on training individuals, families and communities to develop strong, collaborative and supportive partnerships within community contexts.
- Competence in applied planning and intervention within community settings, inclusive of psycho-education, health promotion, applied mental health intervention and community-based care.
- Real-world practical experience through the Practicum component of the programme.
- An aptitude in research design, implementation and evaluation.
- Competence in primary mental status screening and basic psychological assessment.

WHAT YOU CAN DO WITH THIS QUALIFICATION

Through the duration of this degree you will have gained a thorough grounding in the knowledge, theory and principles of the profession of Registered Counsellors in addition to research capacity in the methodology and techniques of the Psychology field. As a successful graduate, you will be eligible to write the HPCSA's Professional Board of Psychology exam for registration as a Registered Counsellor. Successful graduates will also be eligible for admission into a cognate Master's degree in Psychology, the Social Sciences, or other related fields – both nationally and internationally.

COURSE DETAILS

DURATION

4 years, full-time only

MODULES

31

SAQA REGISTRATION

SAQA ID 84166, NQF 8

PROFESSIONAL ENDORSEMENT

Approved by the Health Professions Council of South Africa (HPCSA) Board of Psychology

PRACTICUM

6-months full-time (720 hours) including supervision

FACULTY

Applied Psychology





BACHELOR OF SOCIAL WORK

This four-year full-time professional degree is ideal if you are highly motivated, passionate and self-directed with a desire to promote positive sustainable change in society.

The qualification provides a broad understanding of social, economic, cultural, political, environmental, religious and global contexts and prepares you for holistic and comprehensive practice with diverse and at-risk/vulnerable populations.

You will be equipped to intervene and advocate on behalf of individuals, families, groups, organisations and communities, applying a range of appropriate theories and practice models guided by social work professional ethics, values and principles.

IDEAL IF YOU

- Have a genuine desire to advocate for positive and sustainable change in society at scale.
 - Are highly motivated, passionate and self-directed.
- Want the depth and breadth of an Honours-equivalent professional degree with a strong applied learning component, from the first year of study, that enables you to build on your ability to intervene at micro, meso and macro levels of generalist practice environments.
 - Want to gain practical experience as a key part of your studies to increase your skills, competencies and expertise and enhance your confidence as a Registered Student Social Worker.
 - Want a qualification that will give you multiple academic pathways for a master's degree in various specialised fields of social work, the social sciences or related fields – both nationally and internationally.

THE SKILLS YOU WILL GAIN

- A range of theories, approaches, perspectives and models of intervention that are relevant to social work, developmental social welfare, psychology and other related social sciences.
- The historical evolution of social work internationally, regionally and within the South African context.
- Global standards for social work training and practice.
- Pertinent global, regional and national declarations, policies and legislation relevant to social welfare and social work.
- The ability to apply and uphold the basic values and principles enshrined in the Bill of Rights in the S.A. Constitution in relation to social work service delivery.
- The importance of protecting the rights of vulnerable citizens through the implementation of various legislations and policies for the purpose of promoting social justice, respect for the dignity and worth of the individual, and strengthening universal human rights to enhance human well-being and social functioning.
- The importance of collaboration with National, Provincial and Local structures for the delivery of developmental social welfare services through the role of social work in social welfare policy planning, development, implementation, monitoring and evaluation.

WHAT YOU CAN DO WITH THIS QUALIFICATION

As a successful graduate, you will be eligible for admission into a Master of Social Work degree or a Master's degree in a cognate discipline as well as further learning programmes in social work and other related fields – both nationally and internationally. Social workers can potentially find employment in many different sectors, including:

- Social development
- Social policy
- Community development
- Family development and guidance
- Violence and abuse
- Social work intervention with children and youth
- Foster care and adoption
- Statutory services
- Gerontology (old age, the process of ageing, and the particular challenges faced by old people)
- Crime prevention
- Health and mental health
- Substance abuse
- People with disabilities
- Employee assistance programmes
- Academia and research

COURSE DETAILS

DURATION

4 years, full-time only

MODULES

31

SAQA REGISTRATION

SAQA ID: 117973,
NQF 8

PROFESSIONAL ENDORSEMENT

Endorsed by the
South African Council
for Social Service
Professions [SACSSP]

FACULTY

Social Work
and Community
Development





BACHELOR OF SOCIAL SCIENCE HONOURS IN PSYCHOLOGY

This dynamic postgraduate degree offers advanced levels of academic challenge and builds intellectual independence and research capacity in the principles and methodologies of Psychology at a postgraduate level of study. This one-year qualification has been specifically designed with an emphasis on deepening knowledge, critical thinking skills and analytical insights in Psychology and the Social Sciences.

IDEAL IF YOU

- Want to further your studies and deepen your understanding within the field of Psychology.
 - Want to enter a cognate Master's degree with the foundation of a relevant, grounded, and well-rounded Honours degree.
- Want a qualification that comprehensively addresses psychology and the social sciences, as well as relevant psychological theories and modalities at Honours level.
 - Want to engage in South African realities meaningfully with relevant psychological theories and methods.
 - Want to participate in a supportive, student-centred and community-oriented learning environment that intentionally promotes intrapersonal and interpersonal growth and development.

THE SKILLS YOU WILL GAIN

- Psychology, mental health and people within a social context, including personality and developmental paradigms for understanding individual and group behaviour.
- Psychological challenges and models for understanding behaviour and intervention.
- Diversity and cross-cultural dynamics in the South African context.
- To implement the values and principles of ethics in Psychology in real-world contexts.
- Explore the various social science research methodologies, engage in the research process and conduct a research study on a researchable psychological topic

You will also develop:

- An understanding of mental health within the global and South African context.
- Understanding of the psychological models of intervention through the exploration of different psychological approaches and models.
- An understanding of the history and foundations of psychological assessment in the South African context.
- Evaluating and applying best-fit research design, methodology and analysis.
- A critical understanding of how to approach diversity in a multifaceted country such as South Africa.
- The application of ethics in the broad field of psychology, along with a deep and critical understanding of the values that govern Psychology and the Social Sciences.

WHAT YOU CAN DO WITH THIS QUALIFICATION

The programme opens up avenues of employment in an extensive range of public and private sector enterprises. It also provides multiple articulation pathways for both professional or nonprofessional Master's degree studies in Psychology and/or the Social Sciences, both locally and internationally.

COURSE DETAILS

DURATION

1 year full-time,
4 academic terms
(Online)

MODULES

7

SAQA REGISTRATION

SAQA ID 96448,
NQF 8

FACULTY

Applied Psychology





BACHELOR OF **SOCIAL SCIENCE HONOURS IN** **BUSINESS MANAGEMENT**

Our Bachelor of Social Science Honours in Business Management offers a people-centred approach to leadership, integrating core business principles with applied psychology. It emphasises ethical decision-making, values-based leadership and an understanding of human behaviour, equipping graduates for management roles, entrepreneurship or further study in a dynamic, multicultural business environment.

IDEAL IF YOU

- Want to build on your undergraduate degree and deepen your knowledge, specialise further, enhance your qualifications and improve job prospects.
- Want to advance in your career and gain a competitive edge, or gain a formal qualification to back your experience.
- Want to make a career switch and enter the business field, enhance your existing skill set, or fulfil a long-term personal goal of earning an honours degree.
- Seek a business management qualification with an applied focus on people management and leadership.

THE SKILLS YOU WILL GAIN

- Ethical, values-based leadership and responsible decision-making.
- Effective people management within organisations.
- Understanding human behaviour in business and workplace contexts.
- Leadership and communication skills in diverse, multicultural environments.

You will also develop:

- Advanced business management knowledge and practical application.
- Critical thinking, problem-solving and analytical decision-making.
- Research skills to investigate and address business management challenges.
- Strategic thinking aligned with best-practice corporate citizenship.

WHAT YOU CAN DO WITH THIS QUALIFICATION

With this qualification, you can pursue management and leadership roles across a range of sectors, start or grow your own business as an entrepreneur, or work independently as a management consultant. It also provides a pathway to further postgraduate study, including entry into a cognate master's degree or another honours programme, subject to meeting institutional requirements.

COURSE DETAILS

DURATION

18 months, part-time only

MODULES

7

SAQA REGISTRATION

SAQA ID 122289, NQF 8

FACULTY

Management & Leadership





BACHELOR OF SOCIAL SCIENCE HONOURS IN PSYCHOLOGY **[BPSYCH EQUIVALENT PROGRAMME]**

This postgraduate degree in Psychology also includes the professional training needed for registration with the Health Professions Council of South Africa (HPCSA) as a Registered Counsellor. The programme's focus is on ethical short-term supportive counselling, psycho-education and psychological assessment with the aim of protecting and promoting psychological wellbeing of individuals and families in the diverse communities of South Africa.

IDEAL IF YOU

- Have an interest in social transformation and a concern for the mental health care needs of people living in South Africa.
- Want an Honours degree that has professional recognition from the HPCSA that enables you to write the HPCSA Board of Psychology exam for registration as a Registered Counsellor.
 - Want a qualification that will prepare you for the Scope of Practice of a Registered Counsellor and enable you to work with people at a community level.
 - Want to conduct community-based research, under the supervision of a professional, in your area of interest.
 - Want to be prepared for further studies in a non-professional or professional Master's degree.

THE SKILLS YOU WILL GAIN

High levels of theoretical engagement and intellectual autonomy that leads to robust theoretical understanding in the following areas:

- What it means to be a Registered Counsellor with a focus on the unique Scope of Practice of a Registered Counsellor.
- Psychological screening, basic assessment and psychological interventions aimed at enhancing personal functioning in a variety of contexts.
- How to provide psychological interventions with individuals and groups.
- How to promote mental health through developing and presenting life skills training and psycho-education workshops.
- How to evaluate and apply best fit research design, methodology and analysis for community-based research.
- Diversity and cross-cultural dynamics in the South African context.
- The ethical rules, regulations, guidelines and policies that govern the profession of Psychology in South Africa.

WHAT YOU CAN DO WITH THIS QUALIFICATION

Successful completion of the programme can lead to professional registration with the HPCSA as a Registered Counsellor. This means that you can:

- Provide psychological services that are focused on prevention and primary intervention for psychological difficulties in diverse community contexts as well as the promotion of mental health.
- Perform psychological screening, basic assessment and psychological interventions with individuals and groups, aimed at enhancing personal functioning.
- Provide preventative and developmental counselling services for individuals and groups.
- Provide psycho-education and mental health promotion on a range of topics.

The Bachelor of Social Science Honours in Psychology [BPsych Equivalent Programme] also provides multiple academic pathways for both professional and non-professional Master's degree studies in Psychology and/or the Social Sciences both nationally and internationally.

COURSE DETAILS

DURATION

18 months,
full-time only

MODULES:

9

SAQA REGISTRATION

SAQA ID 96448, NQF 8

PROFESSIONAL ENDORSEMENT

Approved by the
Health Professions
Council of South
Africa (HPCSA) Board
of Psychology

PRACTICUM

6-month full-time
(720 hours), including
supervision

FACULTY

Applied Psychology





BACHELOR OF SOCIAL SCIENCE HONOURS IN HUMAN RESOURCE MANAGEMENT

SACAP designed this progressive degree with our unique focus on academic and practical skills in Human Resource Management competencies, ethical practice, research rigour, critical and analytical insight for impactful application in workplace contexts. The qualification brings 'humanness' back to Human Resource Management, where you learn about people development while simultaneously developing into a holistic and dynamic human resource practitioner.

IDEAL IF YOU

- Want to take your Human Resource Management knowledge and practice to the next level.
- Want to engage meaningfully in South African organisational realities using current and relevant Human Resources Management theories, methods and applications and formulating reasoned solutions.
- Want to learn in a supportive, student-centred and community-orientated learning environment that intentionally promotes intrapersonal and interpersonal growth.
- Are prepared to tackle a range of Human Resource Management issues in the ever-changing and increasingly digitised landscape of work.
- Want to gain the tools to become a change agent in contemporary, impactful Human Resource Management.

THE SKILLS YOU WILL GAIN

This forward-thinking qualification builds on the knowledge gained in your undergraduate degree and will develop intellectual autonomy leading to meaningful application of HR practices.

You will also develop:

- A competitive advantage by understanding people management and human capital in organisations within a broader social science context.
- The ability to ensure that organisations are following best practice in their HR management processes.
- The skills to embed a dynamic strategic approach to Human Resource Management.
- Know how to evaluate and apply 'best-fit' research design, methodology and analysis.
- The competencies to promote effective diverse workforces in an African and global context.
- The ability to provide progressive and sound support on employee relations matters.
- Be equipped to apply a range of leading organisation development competencies.
- An understanding and effective use of assessment and development centres.

WHAT YOU CAN DO WITH THIS QUALIFICATION

This postgraduate degree opens avenues of potential employment in an extensive range of public and private sector enterprises in various HR Business Partner and Human Resource Generalist roles such as HR Manager, HR Assistant, HR Advisor and HR Consultant.

COURSE DETAILS

DURATION

1 year full-time,
18 months part-time,
Online only

MODULES:

7

SAQA REGISTRATION

SAQA ID: 115523,
NQF 8

PROFESSIONAL ENDORSEMENT

Aligned with the
South African
Board for People
Practices (SABPP)
competencies in
design

FACULTY

Management and
Leadership





MASTER OF SOCIAL SCIENCE IN COMMUNITY MENTAL HEALTH PROMOTION

This two-year Master's degree focuses on South African mental health needs at a community level. It seeks to develop leaders who can strategically and innovatively address community mental health challenges and enhance community wellbeing. These leaders will develop the capacity to act as catalysts to bring together various sectors to tackle the social and mental health challenges that our country faces.

It also promotes social innovation and intervention and develops skills for policy development and advocacy around community mental health issues and seeks to build a continuous entrepreneurial mindset to harness opportunities within community contexts.

IDEAL IF YOU

- Want to become a community change agent who can apply your knowledge at an advanced level in the development of community mental health promotion.
- Want to commit to a high level of theoretical engagement and intellectual independence.

- Already have an Honours degree in a cognate field and want to study further towards a Master's degree that will train you as a strategic leader and social innovator in the field of community mental health.
- Have experience in leadership positions with a focus on community development, mental health advocacy, policy development and analysis or change management and want to enrich your effectiveness through a rigorous Master's-level academic programme.
- Want to study further or be eligible for admission to a cognate Doctoral degree, typically aligned to specialising in the field of mental health care and community development.
- Seek employment in an extensive range of public- and private-sector enterprises including, but not limited to, a variety of government departments, NPOs, NGOs, CBOs and corporate-sector companies that have a social development focus.
- Want training that is in line with the National Skills Development Strategy III and the National Development Plan 2030 to be able to advance

And you'll develop:

- Advanced scholarship around a relevant Community Psychology, as well as building research capacity focused on social intervention.
- The ability to leverage human resources and social capital to build supportive and stimulating environments in the context of widespread risk.
- Skills for complex project implementation and management.

WHAT YOU CAN DO WITH THIS QUALIFICATION

You will be well-suited for employment in an extensive range of public and private sector enterprises including, but not limited to, a variety of NPOs, NGOs and corporate companies focusing on community/social development, management and leadership, mental health promotion and advocacy, human rights advocacy, policy development and implementation, and change management. In addition to consulting, research, education and academia, among others.

Please note: this is not a professional programme and does not lead to registration with the HPCSA in any professional category of registration.

COURSE DETAILS

DURATION

2 years part-time

MODULES:

10 (including core modules, intensive modules, workshops and a mini dissertation)

SAQA REGISTRATION

SAQA ID: 101981, NQF 9

FACULTY

Social Work and Community Development





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SACAP
The South African
College of Applied Psychology

A colorful graphic element consisting of several overlapping, curved shapes in shades of blue, green, yellow, and red, resembling a stylized 'S' or a wave.